



TEACHING GUIDE

Onward to the Stanley Cup! (October 8, 2025)



- What?** It's the start of **the 108th season** of the National Hockey League (NHL).
- Who?** The 32 NHL teams, their star players, **and millions of fans across North America and around the world.**
- Where?** Hockey is very popular in North America, **but also in Russia and Scandinavia.**
- When?** The first games of the regular season took place on Tuesday, October 7.
- Why is it important?** Because the NHL is **the most prestigious hockey league in the world.** It brings together the best players, attracts millions of spectators, and helps promote the sport internationally.
- For this activity, your goal will be to learn more about the National Hockey League teams.**



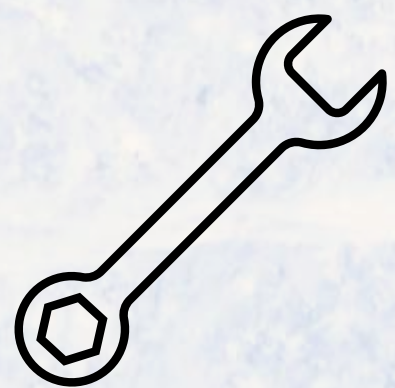
OBJECTIVES

- Locate the locations of NHL teams across North America.
- Write a short text of an NHL team logo.



SUBJECTS

- **Geography.** Cities and states in the United States and Canada.
- **Mathematics.** Calculating distance using a website.
- **Social studies.** Origin of team names, linked to cultural elements specific to the city or state.



COMPETENCIES

- **Geography.** Use geographical landmarks to locate North American cities.
- **Mathematics.** Addition and subtraction.
- **Social studies.** Relate a sporting event to its cultural and geographical context.



DURATION

- About 45 minutes



GETTING STARTED

- Show a picture or short video clip of the start of the new NHL season (players entering the arena, national anthem, crowd in the stands).
- Ask students:
 - "Have you ever played hockey? Do you enjoy watching it?"
 - "Which teams do you know? Are they Canadian or American?" "
- Show a map of North America and ask students to identify a few cities where NHL teams are located.
- Then explain: "Today, we're going to find out where NHL teams are located in North America."



TEACHING GUIDE

Onward to the Stanley Cup! (October 8, 2025)



QUESTIONS AND ANSWERS

STEP 1 - Find the missing teams. Identification of six missing teams on the map on North America.

- **Answers:** **A** - Seattle Kraken
B - Winnipeg Jets
C - Ottawa Senators
D - Anaheim Ducks
E - Colorado Avalanche
F - Tampa Bay Lightning



STEP 2 - My favorite logo. Choice of a logo and questions about it.

- **Personal answers.**

STEP 3 - Flying Panthers! Calculation of distances for six routes, and addition for the total distance traveled.

- **Answers :** **A** - 1 644 km or 1 021 miles
B - 710 km or 441 miles
C - 759 km or 471 miles
D - 457 km or 284 miles
E - 642 km or 398 miles
F - 2 023 km or 1 257 miles



TO WRAP UP

- Return to the map and chart observed during the activity.
- Ask a few questions to check what has been learned:
 - "What did you learn about NHL teams and the cities where they play?"
 - "Did you discover a team or city you didn't know about before?" "
 - "What surprised you most about the distribution of teams?"
- Conclude by emphasizing that the NHL unites cities in Canada and the United States around a common sport, a powerful symbol of North American culture.



FURTHER EXPLORATION

- 🎥 Ice Hockey Rules For Beginners EXPLAINED. Mr. Animate (<https://www.youtube.com/watch?v=FbCptzPuNic>)
- 🌐 « Learn to Play ». NHL (<https://www.learntoplay.nhl.com>)