



Kiss A Ginger Day (January 12, 2026)

TEACHING GUIDE

i What? It's a special day to celebrate redheads and remind everyone that physical differences are normal and positive. 👍

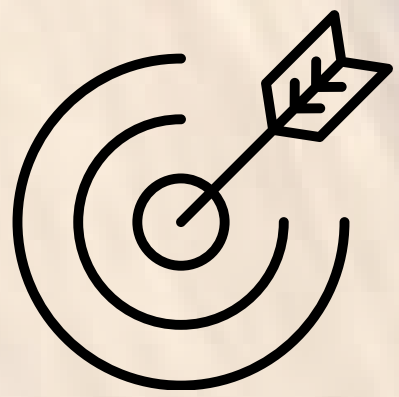
👤 Who? This day is for redheads, but also for everyone, as it encourages respect and kindness.

🌍 Where? It's celebrated all over the world, especially on social media, at school, and in conversations with friends.

📅 When? This day takes place every year on January 12th.

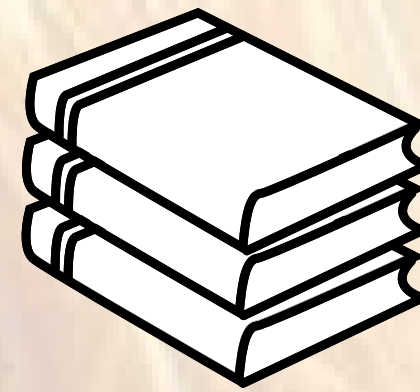
? Why is it important? Because redheads have sometimes been victims of teasing or stereotypes. This day helps combat bullying and promote respect for differences.

🎯 For this activity, your goal will be to learn a little more about redheads!



OBJECTIVES

- Distinguish facts from rumors about redheads.
- Understand that physical differences do not define a person's worth or potential.
- Discover famous redheads and their achievements.
- Develop an attitude of respect and openness toward differences.
- Encourage positive self-reflection on the uniqueness of each individual.



SUBJECTS

- **English**
 - Reading short texts
 - Information comprehension
- **Social studies**
 - Openness to diversity
 - Respect for differences
- **Personal development**
 - Self-esteem
 - Valuing differences



COMPETENCIES

- Oral and written communication
- Simple information retrieval
- Development of self-esteem and respect for differences
- Critical thinking (facts versus stereotypes)



DURATION

- About 60 minutes



GETTING STARTED

- Before beginning the activity, students are asked to:
 - Take a moment to reflect on what they already know about redheads.
 - Ask themselves where certain ideas come from (personal experiences, things they've heard, the media, traditions, etc.).
 - Reflect on the difference between verified information and a rumor.



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QUESTIONS AND ANSWERS

STEP 1 — Facts and Rumors. Reading of a short article about the characteristics of red hair. Answers to six TRUE or FALSE questions.

Q1 — True

Q2 — True

Q3 — False

Q4 — True

Q5 — True

Q6 — False

STEP 2 — Famous... And Redheads! Choice of a redhead star and research on their biography on Wikipedia or Vikidia.

Various answers.

THE REDHEAD PERSONALITY OF MY CHOICE	
	YOUR ANSWER
What is his/her name?	<input type="text"/>
What is his/her date of birth?	<input type="text"/>
What is his/her place of birth?	<input type="text"/>
What is his/her occupation?	<input type="text"/>
A great achievement of this person	<input type="text"/>

STEP 3 — What I Think About It... Three questions of reflection about the chosen personality and the relationship to difference

Various answers.




WRAPPING UP

- To conclude the activity, the student is invited to take a moment to reflect on what they have learned.
 - What did you learn today about redheads? (Expected answer: Some ideas are facts, others are rumors.)
 - Why is it important to check information before believing it? (Expected answer: To avoid prejudice and misconceptions.)
 - What can you do if you hear a rumor about a person or group? (Expected answer: Ask questions, check the information, and respect others.)



FURTHER EXPLORATION

 Julian Moore and LeUyen Pham. *Freckleface Strawberry*. Bloomsbury USA Childrens

