



Kiss A Ginger Day (January 12, 2026)

TEACHING GUIDE

i What? It's a special day to celebrate redheads and remind everyone that physical differences are normal and positive. 

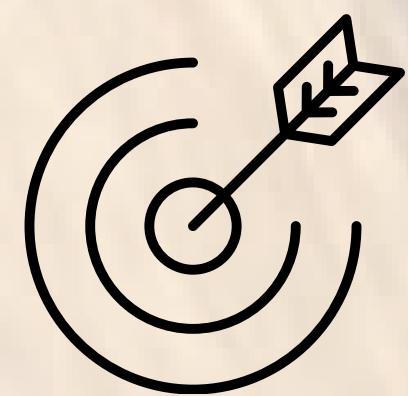
Who? This day is for redheads, but also for everyone, as it encourages respect and kindness.

Where? It's celebrated all over the world, especially on social media, at school, and in conversations with friends.

When? This day takes place every year on January 12th.

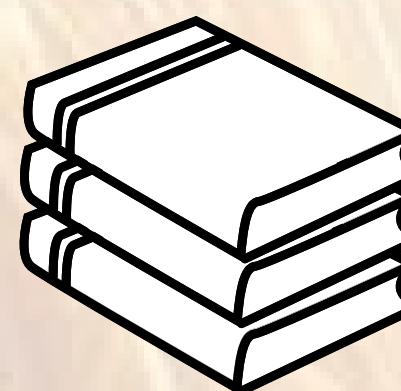
Why is it important? Because redheads have sometimes been victims of teasing or stereotypes. This day helps combat bullying and promote respect for differences.

For this activity, your goal will be to learn a little more about redheads!



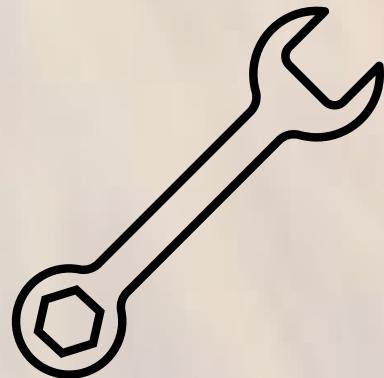
OBJECTIVES

- Distinguish facts from rumors about redheads.
- Understand that physical differences do not define a person's worth or potential.
- Discover famous redheads and their achievements.
- Develop an attitude of respect and openness toward differences.
- Encourage positive self-reflection on the uniqueness of each individual.



SUBJECTS

- **English**
 - Reading short texts
 - Information comprehension
- **Social studies**
 - Openness to diversity
 - Respect for differences
- **Personal development**
 - Self-esteem
 - Valuing differences



COMPETENCIES

- Oral and written communication
- Simple information retrieval
- Development of self-esteem and respect for differences
- Critical thinking (facts versus stereotypes)



DURATION

- About 60 minutes



GETTING STARTED

- Before beginning the activity, students are asked to:
 - Take a moment to reflect on what they already know about redheads.
 - Ask themselves where certain ideas come from (personal experiences, things they've heard, the media, traditions, etc.).
 - Reflect on the difference between verified information and a rumor.



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QUESTIONS AND ANSWERS

STEP 1 — Facts and Rumors. Reading of a short article about the characteristics of red hair. Answers to six TRUE or FALSE questions.

Q1 — True

Q2 — True

Q3 — False

Q4 — True

Q5 — True

Q6 — False

STEP 2 — Famous... And Redheads! Choice of a redhead star and research on their biography on Wikipedia or Vikidia.

Various answers.

THE REDHEAD PERSONALITY OF MY CHOICE

YOUR ANSWER	
What is his/her name?	<input type="text"/>
What is his/her date of birth?	<input type="text"/>
What is his/her place of birth?	<input type="text"/>
What is his/her occupation?	<input type="text"/>
A great achievement of this person	<input type="text"/>

STEP 3 — What I Think About It... Three questions of reflection about the chosen personality and the relationship to difference

Various answers.



WRAPPING UP

- To conclude the activity, the student is invited to take a moment to reflect on what they have learned.
 - What did you learn today about redheads? (Expected answer: Some ideas are facts, others are rumors.)
 - Why is it important to check information before believing it? (Expected answer: To avoid prejudice and misconceptions.)
 - What can you do if you hear a rumor about a person or group? (Expected answer: Ask questions, check the information, and respect others.)



FURTHER EXPLORATION

 Julian Moore and LeUyen Pham. Freckleface Strawberry. Bloomsbury USA Childrens

