



Martin Luther King Day (January 19, 2026)

TEACHING GUIDE

i What? Martin Luther King Jr. was a pastor and a leading civil rights activist in the United States. He fought for equality for all people, regardless of their skin color.

Who? Martin Luther King Jr. Day honors his life, his ideas, and his peaceful fight against racism and injustice.

Where? This day is primarily celebrated in the United States, but his message is known and respected worldwide.

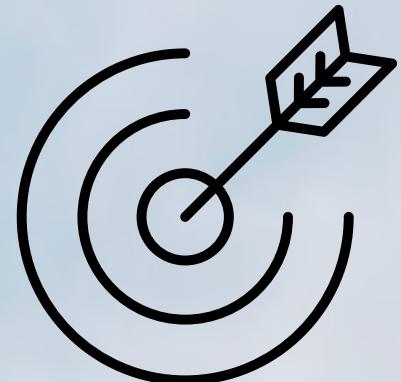
When? It takes place every year on the third Monday of January (January 19 this year).

Why is it important? Because Martin Luther King Jr. showed that we can change the world without violence, by talking, marching together, and respecting others.

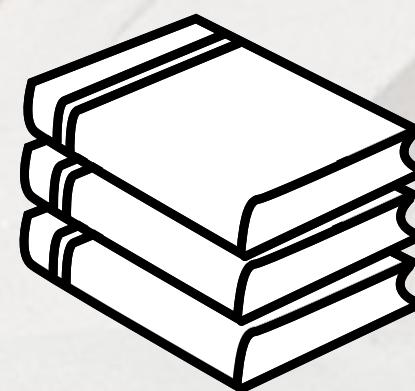
For this activity, your goal will be to learn a little more about Martin Luther King and his message of equality.

OBJECTIVES

- Discover a key figure in contemporary history
- Understand the concept of injustice and discrimination
- Identify the values championed by Martin Luther King Jr.
- Develop the ability to express ideas in writing
- Reflect on equality and justice in today's world



SUBJECTS



- **Social Studies / History**
 - Understanding a historical event
 - Discovering civil rights
 - Contextualizing a period of the 20th century
- **English**
 - Reading instructions
 - Comprehension of informational texts
 - Written production (mini-speech)
- **General Knowledge**
 - Discovering key figures in history
 - Reflecting on human values

COMPETENCIES

- Read and interpret visual and textual documents
- Research and select relevant information
- Understand a historical context
- Justify an answer using examples
- Produce a short argumentative text



DURATION



- About 60 minutes

GETTING STARTED

- Show the students a picture of Martin Luther King.
- Ask them:
 - "Have you ever heard of Martin Luther King?"
 - "Why do you think he's still well-known today?"
- Write down a few answers before starting the activity.





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QUESTIONS AND ANSWERS

STEP 1 — Who is Martin Luther King? Filling of an identity card using information from Vikidia

MARTIN LUTHER KING - PROFILE	
Answer	
Date of birth	January 15, 1929
Place of birth	Atlanta, Georgia, U.S.
Date of death	April 4, 1968
Place of death	Memphis, Tennessee, U.S.
Why is he famous?	He fought against injustice.
A value he defended	Equality for all!

STEP 2 — An unjust situation. Consultation of a website on Jim Crow laws and answer three comprehension questions.

Q1 — No. Generally speaking, Black people could not vote.

Q2 — No. Marriage between Black and white people was prohibited.

Q3 — Jim Crow laws were unjust because they denied equality between people.

STEP 3 — An unforgettable speech. Watching of a video about the “I Have a Dream” speech and write a mini-speech on equality and justice.



WRAPPING UP

- Review the main ideas explored during the activity.
- Discuss the power of words: how can they inspire reflection, bring people together, or bring about change?
- Remind everyone that they can take action at their own level and use their voice to advocate for what is right and respectful of others.



FURTHER EXPLORATION

-  Bonnie Bader. *Who Was Martin Luther King Jr.?* Penguin Workshop

