

General Election in Nepal (March 5, 2026)

TEACHING GUIDE

i What? A general election in Nepal. Citizens vote to elect members of Parliament, who will then form the country's government.

👤 Who? Nepalese citizens aged 18 and over, as well as the various political parties and their candidates.

🌍 Where? In Nepal, a South Asian country located between China and India. Voting is taking place throughout the country, from major cities to villages in the Himalayan mountains.

📅 When? The general election is being held on Wednesday, March 5, 2026.

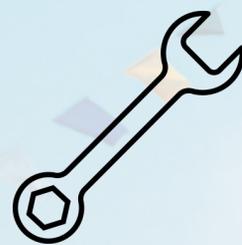
? Why is it important? Because elections allow citizens to choose their leaders. The elected officials will make important decisions about education, the economy, the environment, and the future of the country. It's an essential element of democracy.

🎯 For this activity, your goal will be to learn a little more about Nepal.



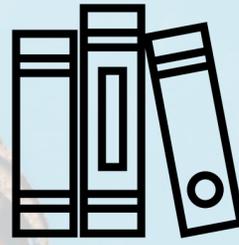
OBJECTIVES

- Discover Nepal and locate it on a world map.
- Identify some of the country's important geographical features.
- Recognize some of the world's highest mountains.
- Understand the cultural and religious significance of certain sites in Nepal.
- Read and interpret information from a website.
- Use numerical data to answer questions.



COMPETENCIES

- Researching and interpreting information.
- Reading and understanding an informational text.
- Analyzing geographical data.
- Comparing and interpreting information.
- Describing a place based on observations.



SUBJECTS

- **Social Studies / Geography**
 - Location of a country
 - Himalayan mountain range
 - Highest peaks in the world
 - Cultural and religious sites
- **Mathematics**
 - Reading numerical data
 - Comparing numbers
 - Using units of measurement (meters)
- **English**
 - Reading instructions
 - Text comprehension
 - Writing a short description
- **General Knowledge**
 - Geography of Asia
 - Mount Everest
 - Cultural heritage of Nepal



DURATION

About 60 minutes



GETTING STARTED

- Project an image of Mount Everest or Swayambhunath.
- Ask the students:
 - "What do you know about Nepal?"
 - "Why is it important to know about a country before discussing its elections?"
- Then explain:
 - "Today, we're going to discover Nepal through a quiz, its highest peaks, and a visit to a famous temple."

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QUESTIONS AND ANSWERS

STEP 1 — First Steps in Nepal. Research of information about the country using a website and answers to six multiple-choice questions.

Q1 — Kathmandu

Q2 — Asia

Q3 — The Nepalese rupee

Q4 — Approximately 30 million

Q5 — The Himalayas

Q6 — Hinduism

STEP 2 — Giants Over 8,000 Meters Tall. Discovery of the five highest peaks in Nepal and their altitude.

Q7 — 8,201 meters (Cho Oyu)

Q8 — 8,516 meters (Lhotse)

Q9 — 8,485 meters (Makalu)

Q10 — 8,586 meters (Kangchenjunga)

Q11 — 8,849 meters (Everest)

STEP 3 — The Monkey Temple. Observation of a famous religious site in Nepal and answer to a personal question.

Q12 — Personal Answer



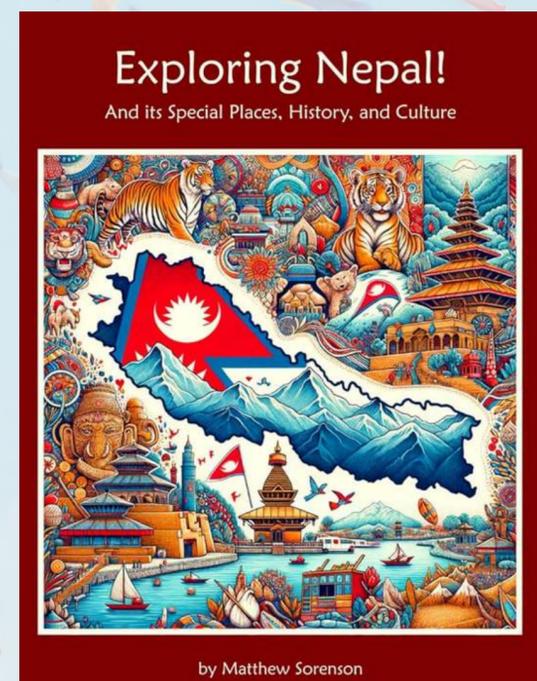
WRAPPING UP

- Review:
 - Nepal's location in Asia;
 - the Himalayan mountains;
 - Mount Everest;
 - the cultural significance of places like Swayambhunath.
- Final question:
 - "Why do you think so many visitors come to discover Nepal?"



FURTHER EXPLORATION

 Matthew Sorenson. *Exploring Nepal Workbook For Curious Kids: A Fun, Interactive Guide to Nepal's Special Places, Culture, and History!*



Area of the dotted rectangle: $5 \times 4 = 20$

Area of the top triangle: $(4 \times 2.5) \div 2 = 5$

Area of the bottom triangle: $(3 \times 2.5) \div 2 = 3.75$

Total area (by subtraction): $20 - 5 - 3.75 = 11.25$





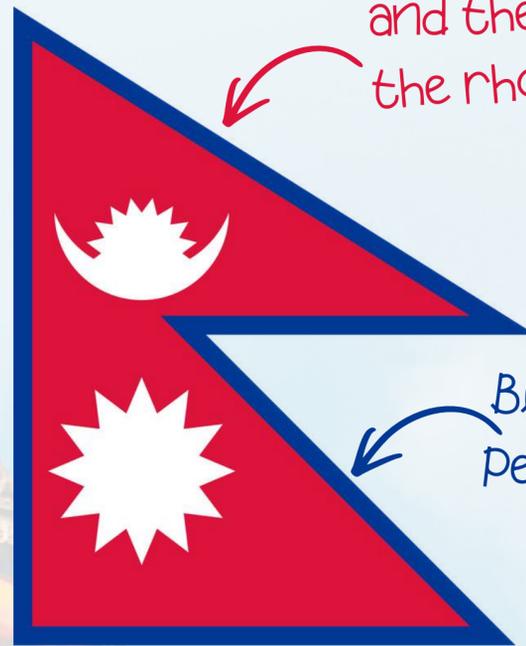
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A Special Flag

Did you know that the flag of Nepal is unique?

- It's the only national flag that isn't a rectangle or a square!
- Its shape is composed of two overlapping pennons (a pennon is a small ribbon indicating the wind direction).

Red represents courage and the national flower, the rhododendron.



Blue symbolizes peace.

What do the symbols on the flag represent? At the top is a crescent moon with eight visible rays. At the bottom is a sun with twelve rays.

Together, these symbols express the wish that Nepal will last as long as the sun and the moon.

Mathematical challenge!

If you were asked to calculate the area of this flag... It's not easy, because it's not a rectangle or a square...

There's another way!

1- Calculate the total area of the rectangle shown in red dotted lines.

2- Then calculate the area of the two triangles that are not covered by the flag.

$$\text{Area of the triangle: } (\text{base} \times \text{height}) \div 2$$

3- Subtract the area of the rectangle from the area of the two triangles, and you'll get your answer!

