



## Earth Day (April 22, 2026)

# TEACHING GUIDE

**What?** An international day dedicated to protecting the planet and the environment.

**Who?** Everyone on Earth, as well as the people and organizations that protect the environment.

**Where?** All over the world!

**When?** On April 22nd every year.

**Why is it important?** Because the planet provides everything we need to live, and we must protect it.

**For this activity, your goal will be to learn about ways to take care of the Earth.**



### OBJECTIVES

- Understand why sorting waste is important
- Classify everyday objects into the correct category (recycling, compost, sorting center, trash can)
- Identify concrete environmental problems at school
- Propose realistic solutions to improve one's environment
- Make a personal commitment to protect the planet



### SUBJECTS

- **Science and Technology**
  - Waste and its management
  - Recycling and composting
  - The environmental impact of waste
- **English**
  - Reading and comprehension
  - Writing
  - Formulating a commitment
- **Social Studies**
  - Citizenship and civic engagement
  - The environment and sustainable development



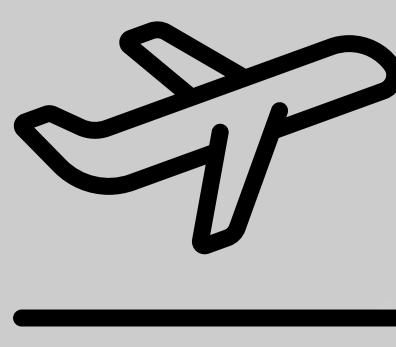
### COMPETENCIES

- Read and interpret information
- Make connections between everyday actions and their environmental impacts
- Organize thoughts and construct arguments
- Produce short and precise answers



### DURATION

- Approximately 60 minutes



### GETTING STARTED

- Ask the child what they know about Earth Day.
- Ask them: "How many different bins do you have at home?"
- Discuss together: Do they really know what goes in each one?
- Introduce the idea that sorting properly is already a way to protect the planet.



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## QUESTIONS AND ANSWERS

**STEP 1 — Where does our waste go?** Watching of a video on waste sorting, then sorting of 8 everyday objects into the correct bin.

**STEP 2 — Mission: Greener School!** Choice of a problem situation at school and proposition of a solution.

**For example:**

**Q1 — Lights are left on unnecessarily in classrooms.**

**Q2 — Put up reminders near the light switches to turn them off when leaving.**

**Q3 — Less electricity used means less pollution and fewer greenhouse gas emissions.**

	Recycling	Compost	Sorting Center	Trash
Plastic water bottle	X			
Banana peel		X		
Battery			X	
Cardboard box	X			
Empty yogurt cup	X			
Leftover sandwich		X		
Plastic bag	X			
Old t-shirt			X	

**STEP 3 — My Contract with the Earth.** Writing of a personal commitment to the environment.

**For example:**

**Q4 — Starting today, I commit to using a reusable water bottle.**

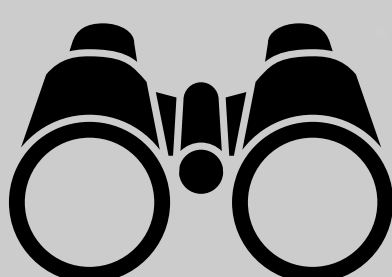
**Q5 — At school and at home.**

**Q6 — Because every plastic bottle avoided means less waste on the planet.**



## WRAPPING UP

- Review what the child has learned or discovered.
- Discuss what surprised them (e.g., the plastic bag doesn't go in the blue bin).
- Ask: "What action are you really going to try this week?"
- Connect this to other environmental issues (water, food, energy).



## FURTHER EXPLORATION

Kate Messner. *History Smashers: Earth Day and the Environment*. Random House Books for Young Readers

