



## Canada Day (July 1, 2026)

# TEACHING GUIDE

**What?** Canada Day, the country's national holiday celebrated every July 1st with parades, fireworks, and lots of red and white.

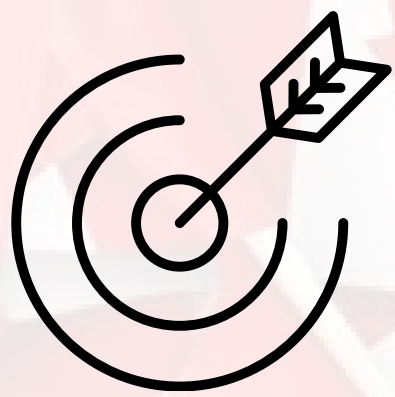
**Who?** Canadians from coast to coast, who celebrate their country's history and symbols on this day.

**Where?** Across Canada, with a major official celebration on Parliament Hill in Ottawa, the capital.

**When?** July 1st, commemorating July 1st, 1867, the day Canada was created.

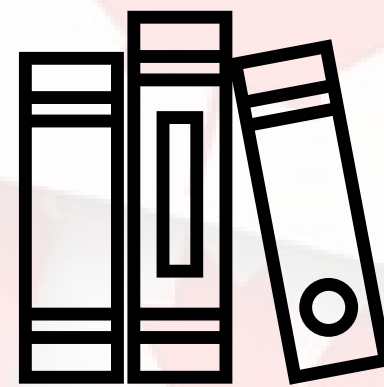
**Why is it important?** Because it's Canada's birth anniversary: an opportunity to reflect on what unites the people of such a large and diverse country.

**For this activity, your goal will be to learn more about Canada and the symbols that represent it.**



### OBJECTIVES

- Discover the symbols of Canada (flags, bird, and emblematic flowers)
- Locate the provinces, territories, capitals, and major cities on a map
- Perform various calculations (fractions, percentages, lengths, large numbers)
- Use a digital tool (Google Earth) to measure distances
- Expand your general knowledge about Canada and its regions



### SUBJECTS

- **Social Studies / Geography**
  - Canada: Provinces and Territories;
  - Capitals and Major Cities;
  - Symbols and Attractions
- **Mathematics**
  - Fractions and Percentages
  - Measuring Lengths and Distances;
  - Calculations with Large Numbers;
  - Map Reading
- **English**
  - Reading and Comprehension;
  - Short Answers;
  - Research



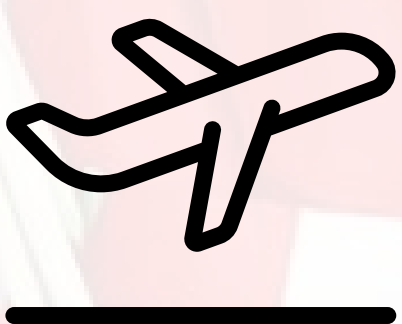
### COMPETENCIES

- Search for and interpret information (maps, text, Google Earth)
- Solve problems
- Analyze situations
- Organize ideas
- Produce short and precise answers



### DURATION

- Approximately 45 minutes



### GETTING STARTED

- Ask the students what they know about Canada Day and why it is celebrated on July 1st.
- Ask them what symbols they associate with Canada (flag, maple leaf, beaver, etc.).
- Discuss: How many provinces and territories are there in Canada? Can they name some?
- Show them a map of Canada and ask if they can name five capital cities.
- Ask the question: Why does a country adopt symbols?



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## QUESTIONS AND ANSWERS

**STEP 1 — Symbols of Canada.** Identification of Canadian symbols (flags, iconic birds and flowers) using a map and the Wikipedia entry on symbols of Canada.

**Q1 — The flag of Nunavut.**

**Q2 — The snowy owl.**

**Q3 — The flag of British Columbia.**

**Q4 — The red lily of the West, which appears on the flag of Saskatchewan.**

**Q5 — The white trillium.**

**STEP 2 — Provinces, Cities, and Capitals.** Letter hunt on a map of Canada: seven questions, each answer providing a letter of the mystery word.

**Q6 — Winnipeg (P).**

**Q7 — Ottawa (O).**

**Q8 — Yukon (U).**

**Q9 — Toronto (T).**

**Q10 — Iqaluit (I).**

**Q11 — Vancouver (N).**

**Q12 — Edmonton (E).**

**Mystery word: POUTINE.**



**STEP 3 — Four Things To See in Canada.** Discovery of four attractions on a map, measuring of a distance using Google Earth, and solving of math questions.

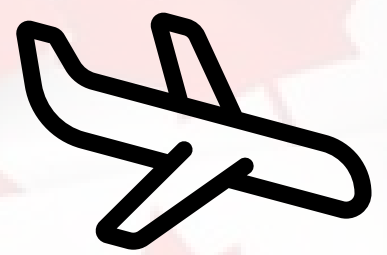
**Q13 — Approximately 830 km (answer varies depending on the measurement).**

**Q14 —  $150 \div 600 = 1/4$ , or 25% of the rooms.**

**Q15 —  $12,000 \times 75\% = 9,000$  kg.**

**Q16 —  $553 - 330 = 223$  m more.**

**Q17 —  $2,800 \times 60 = 168,000$  m<sup>3</sup> in one minute.**



## WRAPPING UP

- Give collective feedback on what students have learned
- Discuss what surprised them the most (the number of provinces and territories, the symbols, the height of the attractions)
- Ask: what are the symbols of a country used for?
- Making a connection between geography, mathematics and culture



## FURTHER EXPLORATION

 Barbara Greenwood. *The Kids Book of Canada*  
Kids Can Press Publishing

